

CALL US:
842 754 389

JOIN US



FITNESS

FOR EVERYBODY

MODALITIES



Group Classes

4,500 Mets per month

- Free pass for all classes
- 30min massage per month
- Access to the pool



Personal Trainer

6,000 Mets per month

- Free pass for the gym room
- Initial assessment
- Weekly body measurements
- PT program to your needs
- Access to all classes
- 30min massage per month
- Access to the pool



Tickets 10

6,000 Mets per month

- Valid for 6 months
- Free pass to the gym room
- Free access to classes
- 30min massage
- Access to the pool

1,000 Mets per day

- Daily visitors - daily entrance to gym or classes
- Access to the pool

NOT JUST A GYM...

WHERE WELLNESS BECOMES A WAY OF LIFE

MOVE BETTER. LIVE BETTER. BE BETTER.

4,500 Mets per month

- 3 x Week gym room
- Initial assessment
- Weekly body measurements
- PT program to your needs
- Access to all classes

You can start today!